



Idahoan
1245800 - Idahoan Real Mashed W/Vit C 12/26oz

1 min., 1 step, preparation reduces labor costs; use hot or cold water; can be customized or prepare as is; made with 100% real Idaho potatoes.



Nutrition Facts

Servings per Container 480
Serving size 2/3cup (140g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0.5g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes Added Sugar	%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron	2%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Idaho potatoes, salt, vegetable oil (contains one or more of the following: canola, soybean, cottonseed, sunflower), nonfat dry milk, monoglycerides, calcium stearoyl lactylate, spice, artificial color, natural and artificial flavor, sodium acid pyrophosphate (preservative), vitamin c, sodium bisulfite (preservative), citric acid (preservative) and mixed tocopherols (preservative).

⚠ Allergens

May Contain:

milk soy

Free From:

crustaceans shellfish eggs fish
 peanuts sesame tree nuts wheat

Handling Suggestions

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 degrees F and 60% R.H.

Serving Suggestions

One minute, one step preparation. Prepare with hot or cold water

Prep & Cooking Suggestions

One minute, one step preparation. Prepare with hot or cold water

Product Specifications

Brand	Manufacturer
Idahoan	Idahoan Foods, LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
2970022313	1245800	10029700223134	12	12 / 26.0 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.36lb	19.5lb	USA		Yes

Shipping Information						
Length	Width	Height	Volume	TLxHl	Shelf Life	Storage Temp From/To
15.5in	11.2in	11in	1.11ft3	10x4	365DAYS	32°F / 80°F



Idahoan
1245800 - Idahoan Real Mashed W/Vit C 12/26oz

1 min., 1 step, preparation reduces labor costs; use hot or cold water; can be customized or prepare as is; made with 100% real Idaho potatoes.



Nutrition Analysis - By Serving

Calories	80	Total Fat	1g	Sodium	310mg
Protein	2	Trans Fats	0.5g	Calcium	22mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	30mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

