



DOLE

1685500 - 36/4 Oz Tfs Frt Bowl Ice Cup

DOLE Fruit Bowls in 100% Fruit Juice are a convenient and delicious snack that provides 1/2 cup fruit per USDA Meal Pattern Requirements.



Nutrition Facts

Servings per Container 1
Serving size 4ozcup (113g)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 130mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

- Packed in 100% Fruit Juice.
- Great Grab N Go Snack
- No Refrigeration Required Before Opening
- Non-GMO Project Verified
- BPA-Free
- All 4 oz. Fruit Bowls in 100% Fruit Juice Credit as 1/2 Cup Fruit Per USDA Meal Pattern Requirements

Ingredients

PAPAYA (RED AND YELLOW), WHITE GRAPE JUICE FROM CONCENTRATE (WATER, WHITE GRAPE JUICE CONCENTRATE), PINEAPPLE, CLARIFIED PINEAPPLE JUICE FROM CONCENTRATE (WATER, CLARIFIED PINEAPPLE JUICE CONCENTRATE), LEMON JUICE FROM CONCENTRATE (WATER, LEMON JUICE CONCENTRATE), NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C) TO PROMOTE COLOR RETENTION, AND CITRIC ACID.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store at ambient temperatures

Serving Suggestions

Ideal as a snack, side or dessert.

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer
DOLE	DOLE PACKAGED FOODS COMPANY

MFG #	SPC #	GTIN	Pack	Pack Desc.
03048	1685500	10038900030480		/ / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.85lb	9lb	THA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.81in	9.69in	6.38in	0.46ft3	15x7	365DAYS	64°F / 78°F



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Nutrition Analysis - By Serving

Calories	60	Total Fat	0g	Sodium	5mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	15g	Saturated Fat	0g	Iron	0mg
Sugars	14g	Added Sugars	0g	Potassium	130mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	20	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	27mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

