



Malt-O-Meal  
17026301 - 96/1 Frosted Flakes Bowl  
Whole grain corn



\* Benefits

Ingredients

Ingredients: Milled Corn, Sugar, Contains 2% or less of: Corn Syrup, Salt, Barley Malt Extract, Wheat Starch. Vitamins and Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (a B-vitamin), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 96  
Serving size 1bowl (28g)

Amount per serving  
**Calories 110**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 10g Added Sugar	20%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 3.6mg	20%
Potassium 940mg	20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Dry

Serving Suggestions

serve with fruit and/or milk

Prep & Cooking Suggestions

Add milk

📄 Product Specifications

Brand		Manufacturer				
Malt-O-Meal		Post Consumer Brands				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
01015	17026301	10042400010156	96	96 / 1.0 ONZ		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
8.67lb	6lb	USA		No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56in	13in	14.38in	1.79ft3	9x3	365DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	0g	Sodium	130mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	25g	Saturated Fat	0g	Iron	3.6mg
Sugars	10g	Added Sugars	10g	Potassium	940mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

