



Kellogg's  
17032000 - Frosted Flakes Cereal

Start students and staff off right with Tony the Tiger and Kellogg's Multi-Grain Frosted Flakes. A deliciously crafted, reduced sugar cereal that helps everyone let their gr-r-reat out with every crunchy spoonful. Each single serve cereal bowl of crispy, frosted multi-grain flakes delivers a spark of sweetness. Serve with or without milk as an easy breakfast or sweet and crunchy snack.

Golden multi-grain flakes with a sparkle of sweet frosting; Each low fat serving contains a good source of eight vitamins and minerals; Contains wheat ingredients; Makes a tasty breakfast cereal or anytime snack.



Nutrition Facts

Servings per Container 1  
Serving size 1Container (28g)

Amount per serving  
Calories 100

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 2g	
Vitamin D 2mcg	10%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 70mg	1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ideal for kids and adults, this cereal is deliciously sweetened and crafted to help bring energy and smiles to busy mornings. Serve individual cereal bowls in a tray line and a la carte; Place near milk, yogurt or fresh fruit; This item is a good fit for K-12. Convenient, ready-to-eat cereal packaged for freshness and great taste; This 6lb case contains 96, 1oz single serve cereal bowls; Case measures 16.000 IN x 13.063 IN x 11.625 IN. Golden multi-grain flakes with a sparkle of sweet frosting; Each low fat serving contains a good source of eight vitamins and minerals; Contains wheat ingredients; Makes a tasty breakfast cereal or anytime snack.

Ingredients

INGREDIENTS: WHOLE GRAIN WHEAT, RICE, SUGAR, MILLED CORN, WHEAT BRAN, CONTAINS 2% OR LESS OF salt, malt flavor. VITAMINS AND MINERALS: Reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

⚠ Allergens

Contains:



Handling Suggestions

Dry

Serving Suggestions

Convenient, ready-to-eat cereal perfect to pair with milk or enjoy as a crunchy snack right out of the container

Prep & Cooking Suggestions

Ready to eat out of the package

✍ Product Specifications

Brand	Manufacturer
Kellogg's	WK KELLOGG CO

MFG #	SPC #	GTIN	Pack	Pack Desc.
3800054998	17032000	00038000549984		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.69lb	6lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.35in	12.81in	15.69in	1.9ft3	9x3	365DAYS	35°F / 85°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	0g	Sodium	170mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	24g	Saturated Fat	0g	Iron	1.8mg
Sugars	6g	Added Sugars	6g	Potassium	70mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	40mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

Ingredients: Whole grain wheat, rice, sugar, milled corn, wheat bran, contains 2% or less of salt, malt flavor.

Vitamins and Minerals: Reduced iron, niacinamide, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>2</sub> (riboflavin), vitamin B<sub>1</sub> (thiamin hydrochloride), folic acid, vitamin D<sub>3</sub>, vitamin B<sub>12</sub>.  
**CONTAINS WHEAT INGREDIENTS.**

ORIGINAL

**Nutrition Facts** Serving size: 1 Container (28g),

Amount per serving: **Calories 100**, **Total Fat** 0g (0% DV), **Sat. Fat** 0g (0% DV), **Trans Fat** 0g (0% DV), **Cholesterol** 0mg (0% DV), **Sodium** 170mg (4% DV), **Total Carb.** 24g (8% DV), **Fiber** 2g (8% DV), **Total Sugars** 6g (12% DV), **Added Sugars** 6g (12% DV), **Protein** 2g (4% DV), **Calcium** (0% DV), **Iron** (10% DV), **Potass.** (0% DV), **Thiamin** (10% DV), **Riboflavin** (10% DV), **Niacin** (10% DV), **Vit. B<sub>6</sub>** (10% DV), **Folate** (10% DV) (20mcg folic acid), **Vit. B<sub>12</sub>** (10% DV). % DV = % Daily Value

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