

stales

Quaker <u>17055000 - **Quaker Grts 5 Min 288 Oz 12 Pk Cnr**</u>

QUAKER Quick White Grits are a very flexible item. You can use them in the traditional way as a favorite breakfast side dish with butter or other toppings, but they are also a great option as part of a signature entree or with cheese added as a side for dinner. They cook in 5 - 7 minutes and are in a convenient 24 0Z package to reduce



Nutrition Facts Delici	ous Anytime.	Nutrition Facts		
bergh botter die te bergen botter bergen be	All of the agreed addition to any used Man poper your family will low-immund shrredded cheeses green ontax dink shrings, to sweet ersam, hany amp urall Thuy dark speels accusionly grits are naturally occurring into corns we use in this profest and do not affect the	Servings per Container Serving size	17 (41g)	
Winterstand	taste or texture.	Amount per serving Calories	150	
ditari (bioristan) Verti di cidi Verti di cidi Regi Bagi	Cardinate Section 2017 Contraction 2017	% Da	aily Value*	
CLIDE CLIDES GRI 1/1 Cauge 400 1/2 Cauge 2014/00/00 4 Stances pasteriorized prace		Total Fat 0.5g	1%	
Checes spread, cub Dath sprite provider (option In the spream status of cut of the status of cut of the status of cut of the Index spream cut of the status		Saturated Fat 0g	0%	
terming with a second s		Trans Fat 0g		
		Cholesterol	%	
Benefits		Sodium Omg	0%	
-		Total Carbohydrate 32g	12%	
'ou can use them in the traditional way as a favorite out they are also a great option as part of a signature	entree or with cheese added as a side for dinner.	Dietary Fiber 1g	4%	
Can be used as a healthy and tasty ingredient to man QUAKER Quick White Grits are a very flexible item.		Total Sugars	-	
They cook in 5 - 7 minutes and are in a convenient 24	OZ package to reduce stales.	Includes Added Sugar	%	
Ingredients	Allergens	Protein 4g		
		Vitamin D	%	
White Hominy Grits Made from		Calcium	%	
Corn, Niacin (One of the B Vitamins), Reduced Iron,		Iron	10%	
Thiamin Mononitrate (One of		Potassium	%	
the B Vitamins), Riboflavin (One of the B Vitamins), Folic Acid (One of the B Vitamins).		* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Handling Suggestions

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

Serving Suggestions

Grits are a very versatile item. They can be served as is or with a topping as a breakfast item. Can also be used as part of a main course for a signature dinner item

Prep & Cooking Suggestions

Stove Top: 1 Serving: 1 cup water, 1/4 cup grits, dash salt (optional); 4 Servings: 3 cups water, 3/4 cup grits, 1/4 tsp salt (optional); 6 Servings: 4 cups water; 1 cup grits; 1/2 tsp salt (optional). 1. Slowly stir grits and salt into briskly boiling water. 2. Reduce heat to mediumlow; cover. Cook 5 minutes or until thickened, Stirring occasionally. Remove from heat. Tip: For thicker grits decrease water; for thinner grits increase water.

Product Specifications

Brand					Manufacturer			
Quaker					QTG			
MFG #	ŧ	SPC #		GTIN		Pack		Pack Desc.
04160) 1	7055000	000	00030000041604				CS
Gross Weight Net Weight		ght Cou	Country of Origin		Kosher		Child Nutrition	
20.7	20.7lb 18lb			USA		Yes		No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Li	ife	e Storage Temp From/To	
16.5in	12.5in	6.31in	0.75ft3	10x7	270DA	YS	35°F / 85°F	

a day is used for general nutrition advice.



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Nutrition Analysis - By Serving

Calories	150	Total Fat	0.5g	Sodium	0mg
Protein	4	Trans Fats	Og	Calcium	
Total Carbohydrates…	32g	Saturated Fat	Og	Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat	Og	Zinc	
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol			
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



