



Quaker  
17058000 - Qkr Oats Oatm 42z/12

QUAKER Old Fashioned Oats is the correct variety to use if you are using the product in recipes or if you are holding on the stove top during your breakfast service. If you are preparing individual servings, use QUAKER Quick Oats. If you are including your Oatmeal on a steamtable, use QUAKER Steamtable Oats. Package is not labeled for consumer sale.



0 30000 01040 2

\* Benefits

Ingredients

WHOLE GRAIN ROLLED OATS.

⚠ Allergens

Nutrition Facts

Servings per Container 30  
Serving size 1/2cupdry(40g)

Amount per serving  
Calories 150

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.5mg	8%
Potassium 150mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

Serving Suggestions

Quaker Oats are a very versatile product. They can be topped with either sweet or savory toppings to create a unique breakfast item. They also can be prepared "refrigerator style" to create a unique breakfast bar item

Prep & Cooking Suggestions

30 Servings: 2 lb. 10 oz. (full tube) oats, 1 gal + 3 qtr. water, 1 tablespoon salt (optional); 17 Servings: 1 lb. 8 oz. (2 qtr.) oats, 1 gal water, 2 teaspoons salt (optional); 8 Servings: 12 oz. (1 qtr.) oats, 2 qtr. water, 1 teaspoon salt (optional); 2 Servings: 3 oz. (1 cup) oats, 2 cups water, 1 dash salt (optional) Direct Heat Method: In heavy saucepan, stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 3 to 5 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 1 hour. Stir before serving. Steam-jacketed Kettle Method: Stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 3 to 5 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 1 hour. Stir before serving.

✎ Product Specifications

Brand	Manufacturer
Quaker	Quaker Food and Beverage

MFG #	SPC #	GTIN	Pack	Pack Desc.
01040	17058000	10030000010409		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
34.9lb	31.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.8in	15.8in	10in	1.9ft3	6x5	540DAYS	35°F / 85°F



Quaker  
17058000 - Qkr Oats Oatm 42z/12

QUAKER Old Fashioned Oats is the correct variety to use if you are using the product in recipes or if you are holding on the stove top during your breakfast service. If you are preparing individual servings, use QUAKER Quick Oats. If you are including your Oatmeal on a steamtable, use QUAKER Steamtable Oats. Package is not labeled for consumer sale.



Nutrition Analysis - By Serving

Calories	150	Total Fat	3g	Sodium	0mg
Protein	5	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	27g	Saturated Fat	0.5g	Iron	1.5mg
Sugars	1g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	4g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	1g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts	
About 30 servings per container Serving size 1/2 cup dry (40g)	
Amount per serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	13%
Soluble Fiber 1g	
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mg 0% • Calcium 20mg 0%	
Iron 1.5mg 8% • Potassium 150mg 2%	
Thiamin 0.2mg 15% • Phosphorus 150mg 10%	
Magnesium 40mg 10%	
*Percent Daily Values are based on a diet of other people's secrets.	



INGREDIENTS: Whole grain rolled oats.