



#### \* Benefits

This product is great

Ingredients	Allergens
OATS, BROWN SUGAR, SOYBEAN OIL, HONEY, CANE MOLASSES, WHEAT BRAN, CINNAMON	Contains: Soy Wheat  May Contain: Som peanuts of tree nuts
	Free From:  Specifical control of the control of th

# **Nutrition Facts**

Servings per Container 150 Serving size 53gAMS

Amount per serving Calories

220

Calonies	220
	% Daily Value*
Total Fat 7g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 37g	13%
Dietary Fiber 5g	18%
Total Sugars 7g	
Includes Added Sugar	%
Protein 6g	-
Vitamin D	%
Calcium 33.33mg	3%
Iron 2.03mg	11%
Potassium 190mg	4%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

### **Handling Suggestions**

Keep Dry

#### Serving Suggestions

Ready to Eat

#### Prep & Cooking Suggestions

Ready to Eat

## Product Specifications

Brand	Manufacturer
FISHER	John B. Sanfilippo & Son, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
18912	17068510	10070690189122	1	1 / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.4lb	5lb	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
11.5in	8.13in	5.31in	0.29ft3	19x8	273DAYS	40°F / 70°F	





#### Nutrition Analysis - By Serving

Calories	220	Total Fat	7g	Sodium	0mg
Protein	6	Trans Fats	0g	Calcium	33.33mg
Total Carbohydrates	37g	Saturated Fat	1g	Iron	2.03mg
Sugars	7g	Added Sugars		Potassium	190mg
Dietary Fiber	5g	Polyunsaturated Fat	3.5g	Zinc	
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	1.79	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.03mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images













