



Nutrition Facts

Servings per Container25

Serving size1CUP (40g)

Amount per serving

Calories150

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 32g	12%
Dietary Fiber 3g	11%
Total Sugars 13g	
Includes 12g Added Sugar	24%
Protein 3g	
Vitamin D 1.3mcg	7%
Calcium 130mg	10%
Iron 6mg	33%
Potassium 130mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Excellent Source of 10 Vitamins and Minerals

Ingredients

WHOLE OAT FLOUR, SUGAR, MODIFIED CORN STARCH, WHEAT GERM, BROWN SUGAR, CONTAINS 2% OR LESS OF: OAT FIBER, HONEY, SALT, CALCIUM CARBONATE, TRIPOTASSIUM PHOSPHATE, VITAMIN C (SODIUM ASCORBATE), NATURAL FLAVOR, REDUCED IRON, NIACINAMIDE, VITAMIN A (PALMITATE), ZINC OXIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), ANNATTO EXTRACT (COLOR), VITAMIN B2 (RIBOFLAVIN), VITAMIN D (CHOLECALCIFEROL), CARAMEL (COLOR), VITAMIN B1 (THIAMINE HYDROCHLORIDE), FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN).

BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS.

CONTAINS A BIOENGINEERED FOOD INGREDIENT

⚠ Allergens

Contains:

tree nuts wheat

Free From:

crustaceans shellfish mollusks
eggs fish milk peanuts
sesame soy

Handling Suggestions

DRY

Serving Suggestions

1 CUP

Prep & Cooking Suggestions

Add milk or enjoy right out of the Box

📄 Product Specifications

Brand	Manufacturer
HOSPITALITY	Gilster-Mary Lee Food Service

MFG #	SPC #	GTIN	Pack	Pack Desc.
71923-76245	17080400	10071923762457	4	4 / 35.0 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.75lb	8.75lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
19.81in	10.56in	13.19in	1.59ft3	8x7	365DAYS	50°F / 85°F



Nutrition Analysis - By Serving

Calories	150	Total Fat	1.5g	Sodium	210mg
Protein	3	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	32g	Saturated Fat	0g	Iron	6mg
Sugars	13g	Added Sugars	12g	Potassium	130mg
Dietary Fiber	3g	Polyunsaturated Fat	0.5g	Zinc	5
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	300	Vitamin D	1.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	20mg	Folate	0mg	Riboflavin	0.6mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

