



* Benefits

Excellent Source of 11 Vitamins and Minerals, Ready to Eat Cereal,
Add milk or enjoy right out of the bowl

Ingredients

WHEAT BRAN, RAISINS, SUGAR, CONTAINS 2% OR LESS OF: HIGH FRUCTOSE CORN SYRUP, SALT, BARLEY MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN C (SODIUM ASCORBATE), VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS.

⚠ Allergens

Contains:

wheat

Free From:

crustaceans shellfish mollusks
 eggs fish milk peanuts
 sesame soy tree nuts

Nutrition Facts

Servings per Container 18
Serving size 1CUP (60g)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 46g	17%
Dietary Fiber 7g	25%
Total Sugars 17g	
Includes 10g Added Sugar	20%
Protein 4g	
Vitamin D 6mcg	30%
Calcium 40mg	3%
Iron 4.8mg	27%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

DRY

Serving Suggestions

1 CUP

Prep & Cooking Suggestions

Add milk or enjoy right out of the Box

📄 Product Specifications

Brand		Manufacturer				
HOSPITALITY		Gilster-Mary Lee Food Service				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
71923-76243	17080700	10071923762433	4	4 / 35.0 ONZ		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
9.75lb	8.75lb	USA	Yes	No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.31in	10.56in	13.19in	1.28ft3	12x6	365DAYS	50°F / 85°F



Nutrition Analysis - By Serving

Calories	200	Total Fat	1g	Sodium	300mg
Protein	4	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	46g	Saturated Fat	0g	Iron	4.8mg
Sugars	17g	Added Sugars	10g	Potassium	300mg
Dietary Fiber	7g	Polyunsaturated Fat	1.5g	Zinc	1.6
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	240	Vitamin D	6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	6mg	Folate	0mg	Riboflavin	0.5mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

