

150



* Benefits

Large Bulk Size Ready to Eat Cereal

Ingredients

WHOLE OAT FLOUR, MODIFIED CORN STARCH, WHEAT STARCH, SUGAR, CONTAINS 2% OR LESS OF: SALT, CALCIUM CARBONATE, OAT FIBER, TRIPOTASSIUM PHOSPHATE, VITAMIN C (SODIUM ASCORBATE), MIXED TOCOPHEROLS, REDUCED IRON, NIACINAMIDE, VITAMIN A (PALMITATE), ZINC (ZINC OXIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN D1 (CHOLECALCIFEROL), VITAMIN D1 (THIAMIN D1 (THIAMIN B1)), VITAMIN D1 (THIAMINE HYDROCHLORIDE), FOLIC ACID, ANNATTO EXTRACT (COLOR), VITAMIN B12 (CYANOCOBALAMIN)

CONTAINS A BIOENGINEERED FOOD INGREDIENT

Allergens

Contains:



Free From:

crustaceans shellfish mollusks











sesame soy (1) tree nuts

Nutrition Facts

Servings per Container 239 11/4CUP (38g) Serving size

Amount per serving

Calories

Odiones	130
% Da	aily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 28g	10%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0.5g Added Sugar	1%
Protein 4g	
Vitamin D 1.3mcg	7%
Calcium 130mg	10%
Iron 11.4mg	63%
Potassium 140mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

DRY

Serving Suggestions

1 1/4 CUP

Prep & Cooking Suggestions

Add milk and enjoy

Product Specifications

Brand	Manufacturer
GMLFS	Gilster-Mary Lee Food Service

MFG #	SPC #	GTIN	Pack	Pack Desc.
71923-78534	17081200	10071923785340	1	1 / 20.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24.5lb	20lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.94in	15.94in	14.5in	3.2ft3	5x3	365DAYS	50°F / 85°F





Nutrition Analysis - By Serving

Calories	150	Total Fat	2.5g	Sodium	200mg
Protein	4	Trans Fats	0g	Calcium	130mg
Total Carbohydrates	28g	Saturated Fat	0g	Iron	11.4mg
Sugars	1g	Added Sugars	0.5g	Potassium	140mg
Dietary Fiber	4g	Polyunsaturated Fat	1g	Zinc	4.8
Lactose		Monounsaturated Fat	1g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	190	Vitamin D	1.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	19mg	Folate	0mg	Riboflavin	0.5mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	_

Additional Images











