



Cheerios
17092000 - Honey Nut Cheerios Cereal

A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 119
Serving size 1cup (37g)

Amount per serving
Calories 140

| | % Daily Value* |
|--------------------------|----------------|
| Total Fat 2g | 2% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 210mg | 9% |
| Total Carbohydrate 30g | 11% |
| Dietary Fiber 3g | 11% |
| Total Sugars 12g | |
| Includes 12g Added Sugar | 24% |
| Protein 3g | |
| Vitamin D 4mcg | 20% |
| Calcium 130mg | 10% |
| Iron 3.6mg | 20% |
| Potassium 150mg | 3% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain.
4 - 39 oz bulk packages of cereal per case
An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings.
Contains no artificial flavors and no colors from artificial sources.
Meets one ounce equivalent grain standard, whole grain-rich criteria and USDA Smart Snacks criteria. Recommended for use in lodging and college and university operations.

Ingredients

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Contains:



Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

One Cup

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

| Brand | Manufacturer |
|----------|--------------------------|
| Cheerios | GENERAL MILLS SALES INC. |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|----------|----------|----------------|------|-------------------|
| 11988000 | 17092000 | 10016000119885 | 4 | 4 / 1 / 2.438 LBR |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.75lb | 9.75lb | USA | Yes | No |

| Shipping Information | | | | | | |
|----------------------|-------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 20in | 9.5in | 16.62in | 1.83ft3 | 10x3 | 372DAYS | 32°F / 95°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|----------------|-------|
| Calories | 140 | Total Fat | 2g | Sodium | 210mg |
| Protein | 3 | Trans Fats | 0g | Calcium | 130mg |
| Total Carbohydrates... | 30g | Saturated Fat | 0g | Iron | 3.6mg |
| Sugars | 12g | Added Sugars | 12g | Potassium | 150mg |
| Dietary Fiber | 3g | Polyunsaturated Fat | 0.5g | Zinc | 0 |
| Lactose | | Monounsaturated Fat | 0.5g | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | 0 | Vitamin D | 4mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | 0mg | Riboflavin | 0mg |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

