



GMLFS
22178300 - Brownie Mix
Add water only (Complete)



Nutrition Facts

Servings per Container 67
Serving size 1/4cup (34g)

Amount per serving
Calories 140

% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 4.5mg	2%
Sodium 130mg	6%
Total Carbohydrate 26g	9%
Dietary Fiber 0.5g	2%
Total Sugars 17g	
Includes 17g Added Sugar	34%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 150mg	12%
Iron 1mg	6%
Potassium 70mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

add Water Only (Complete)
"365 Days for product performance 60 Days against infestation"

Ingredients

"SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), VEGETABLE SHORTENING (IT CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA AND/OR PALM OIL). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CALCIUM CARBONATE, SALT, CORN STARCH, EGG WHITE, ANTI-CAKING AGENT (CALCIUM SILICATE), EGG YOLK, LEAVENING (BAKING SODA), XANTHAN GUM, NATURAL AND ARTIFICIAL FLAVOR.

CONTAINS A BIOENGINEERED FOOD INGREDIENT"

⚠ Allergens

Contains:

eggs wheat

Free From:

crustaceans shellfish mollusks
fish milk peanuts sesame
soy tree nuts

Handling Suggestions

DRY

Serving Suggestions

1/4 Cup

Prep & Cooking Suggestions

5 lbs. Mix 2- 1/2Cups (20oz) Warm Water 110F 1. Pour total water into mixer bowl and add brownie mix. 2. Blend 1 minute on low speed * using paddle. 3. Scrape bowl and paddle. 4. Blend on low speed * 1 minute. 5. Spread batter evenly in greased and floured pan. 6. Bake at 350F in a standard over 25 to 30 Minutes. (In a convection over 300F 20 to 25 minutes.)** *Low speed is first speed on a 3 speed mixer and second on a 4 speed mixer. **Baking time may require adjustment depending on the oven and oven load. Note: For cake type brownie for each 5lb. of mix use 2 cups water, 4 eggs. Mix and bake as above.

✏ Product Specifications

Brand	Manufacturer
GMLFS	Gilster-Mary Lee Food Service

MFG #	SPC #	GTIN	Pack	Pack Desc.
71923-65038	22178300	10071923650389	6	6 / 5.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.5lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.56in	9.69in	11.69in	1.15ft3	10x4	365DAYS	50°F / 85°F



Nutrition Analysis - By Serving

Calories	140	Total Fat	4g	Sodium	130mg
Protein	1	Trans Fats	0g	Calcium	150mg
Total Carbohydrates...	26g	Saturated Fat	1g	Iron	1mg
Sugars	17g	Added Sugars	17g	Potassium	70mg
Dietary Fiber	0.5g	Polyunsaturated Fat	1g	Zinc	0
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	4.5mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

