



HOSPITALITY
22178700 - Corn Muffin Mix
Add water only (Complete)



Nutrition Facts

Servings per Container	52
Serving size	1/3cup (44g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 440mg	19%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 10g	
Includes 10g Added Sugar	20%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.1mg	6%
Potassium 50mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

add Water Only (Complete)
"365 Days for product performance 60 Days against infestation"

Ingredients

"ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, ENRICHED DEGERMED YELLOW CORN MEAL (DEGERMED YELLOW CORN MEAL, NIACIN, IRON [FERROUS SULFATE], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA AND/OR PALM OIL), LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), EGG YOLK, WHEY, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, YELLOW CORN FLOUR (YELLOW CORN FLOUR, NIACIN, IRON [FERROUS SULFATE], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, MONOGLYCERIDES, SOY LECITHIN, SODIUM CASEINATE, PALM OIL.

CONTAINS A BIOENGINEERED FOOD INGREDIENT"

Allergens

Contains:

eggs milk soy wheat

Free From:

crustaceans shellfish mollusks
fish peanuts sesame tree nuts

Handling Suggestions

DRY

Serving Suggestions

1/3 Cup

Prep & Cooking Suggestions

5 lb basis 4 cups (32oz) water 70-75F 5 lbs mix 2 1/2 lb basis 2 cups (16oz) water (70 to 75F) 2 1/2 lbs mix 1. Pour water into mixing bowl add mix 2. mix for 30 seconds on low speed * with paddle. Scrape bowl and paddle. Continue mixing on low speed for 1 minute 3. Fold in desired drained ingredients i.e. Whole Kernel Corn shredded cheddar cheese, crumbled fried bacon, or diced chopped ham. 4. portion batter into well greased or paper lined muffin cups fill approximately 2/3 full. 5. Bake at 400F in a convectional oven #20 scoop 2-2 1/4oz muffins 15 -20 minutes** # 10 scoop 3 3/4oz muffins 20-25 minutes ** For a convection oven lower heat to 350F and bake for 2-5 minutes less. *Low speed is 1 speed on a 3 speed mixer and 2nd on a 4 speed mixer. **Bake time may vary depending on the oven and oven load

Product Specifications

Brand	Manufacturer
HOSPITALITY	Gilster-Mary Lee Food Service

MFG #	SPC #	GTIN	Pack	Pack Desc.
71923-65018	22178700	10071923650181	6	6 / 5.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.5lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.56in	9.69in	11.69in	1.15ft3	10x4	365DAYS	50°F / 85°F



Nutrition Analysis - By Serving

Calories	180	Total Fat	4.5g	Sodium	440mg
Protein	3	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	31g	Saturated Fat	1.5g	Iron	1.1mg
Sugars	10g	Added Sugars	10g	Potassium	50mg
Dietary Fiber	1g	Polyunsaturated Fat	1g	Zinc	0
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

