



		<b>Nutrition Fac</b>	acts	
	LANQUEAR (HARINA DE TRIGO,	Servings per Container Serving size	(16g)	
NIACIN, REDUCED IRON, THIAMINE NIACIN MONONITRATE (VITAMIN B1), MONO RIBOFLAVIN (VITAMIN B2), B1), FOLIC ACID), CANOLA OLI, PALM ÁCIDO OLI, SEA SALT, SALT, MALTED CANOL BARLEY FLOUR, BAKING SODA, CEBAD YEAST. BICAR	VITRATO DE TIAMINA (VITAMINA Riboflavina (Vitamina B2), Fólico), aceité de Palma y De A. Sal Marina, Sal, Harina	Amount per serving Calories	70	
	NE: TRIGO.	% Dail	y Value*	
		Total Fat 1.5g	2%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol	%	
* Benefits		Sodium 135mg	6%	
		Total Carbohydrate 12g	4%	
		Dietary Fiber 0g	0%	
		Total Sugars 0g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 1g		
		Vitamin D 0mcg	0%	
INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR,	Contains:	Calcium 30mg	2%	
NIACIN, REDUCED IRON,	( wheat	Iron 0.75mg	4%	
THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN		Potassium 16mg	0%	
{VITAMIN B1}, NBOFLAVIN {VITAMIN B2}, FOLIC ACID), CANOLA OIL, PALM OIL, BAKING SODA, SEA SALT, MALTED BARLEY FLOUR, CALCIUM CARBONATE, SALT, YEAST.		* The % Daily Value (DV) tells you how much a a serving of food contributes to a daily diet. 2, a day is used for general nutrition advice.		

## Product Specifications

Handling Suggestions	🖉 Pro	oduct S	pecifi	catior	าร					
STORE IN A COOL, DRY PLACE	Brand PREMIUM				Manufacturer Mondelez International					
Serving Suggestions	MFG # SPC #			G	TIN	Pa	ck	Pack Desc.		
	1004400000575 22661200		) ·	, , , , , , , , , , , , , , , , , , , ,		5		CS		
						Coun	hild Nutrition			
Prep & Cooking Suggestions	14.7	I4lb	121	о 		CAN		Yes		
Open packet and enjoy!	Shipping Information									
	Length	Width	Height	Volu	ume	TIxHI	Shelf Li	fe Stoi	rage	Temp From/To
	17.5in	12.75in	9.88in	2203	2INQ	8x5	180DA)	/S	-50'	°F / 150°F







## Nutrition Analysis - By Serving

Calories	70	Total Fat	1.5g	Sodium	135mg
Protein	1	Trans Fats	Og	Calcium	30mg
Total Carbohydrates…	12g	Saturated Fat	Og	Iron	0.75mg
Sugars	Og	Added Sugars	Og	Potassium	16mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

## Additional Images



