STOUFFER'S

59165200 - Stouffer's N Pro Swed Mball+Grv4x62oz

Stouffers Swedish Meatballs in Gravy consists of tender, moist cooked meatballs made with a combination of seasoned beef and pork smothered in a sour cream gravy with a savory beef and onion flavor

Schenck FOODS SINCE 1928

Nutrition Facts

Servings per Container	**13**
Serving size	**1/2cup (140g)**

Amount per serving

Calories	**230**
	% Daily Value*
Total Fat 16g	**21%**
Saturated Fat 6g	**30%**
Trans Fat 0.5g	
Cholesterol 35mg	**12%**
Sodium 520mg	**23%**
Total Carbohydrate 9g	**3%**
Dietary Fiber	**%**
Total Sugars 3g	
Includes 0g Added Sugar	**0%**
Protein 13g	
Vitamin D 0mcg	**0%**
Calcium 60mg	**5%**
Iron 1.6mg	**9%**
Potassium 450mg	**10%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Made from scratch appearance and has flavor with home-style character
No preservatives
Keep frozen and immediately before consumption, cook via convection oven, conventional oven or microwave. Holds well on steam table.
Good source of protein
Serve over whole grain noodles with a side of roasted vegetables

Ingredients

WATER, COOKED BEEF, COOKED PORK, DEHYDRATED SOUR CREAM (SOUR CREAM [CULTURED CREAM,NONFAT MILK]), SOY PROTEIN CONCENTRATE, MODIFIED CORNSTARCH, 2% OR LESS OF SOYBEAN OIL, WHEY PROTEIN CONCENTRATE, DRIED ONIONS, TOMATO PUREE (WATER, TOMATO PASTE), SALT, BREAD CRUMBS (BLEACHED WHEAT FLOUR CONTAINS 2% OR LESS OF: SUGAR, YEAST, SALT), BLEACHED WHEAT FLOUR, WHEY, DRIED SOY SAUCE (SOYBEANS, SALT, WHEAT), SEASONING (WATER, FLAVOR, MALTODEXTRIN, SALT, CARAMEL COLOR, LESS THAN 2% OF LACTIC ACID, ENZYME MODIFIED CREAM), POTASSIUM CHLORIDE, ROASTED BEEF AND BEEF STOCK, SOY LECITHIN, WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, GARLIC POWDER, SUGAR, SPICES, TAMARIND, NATURAL FLAVOR), SUGAR, CULTURED WHEY, SEASONING (SOY SAUCE [WATER, SOYBEANS, WHEAT, SALT], AUTOLYZED YEAST EXTRACT, DEXTROSE, SOYBEAN OIL), CARAMEL COLOR, AUTOLYZED YEAST EXTRACT, SPICES, SEASONING (AUTOLYZED YEAST EXTRACT, GUM ARABIC,BEEF STOCK CONCENTRATE, BEEF, FLAVOR, SALT, SODIUM PHOSPHATES), NATURAL FLAVORS, TOMATO PASTE, DRIED GARLIC, POTATO STARCH, YEAST EXTRACT, LACTIC ACID, CALCIUM LACTATE, CORN OIL, BEEF FAT, NATURAL FLAVOR.

Allergens

Contains:

milk soy wheat

Handling Suggestions

Storage Temperature: Frozen < 32F
Shelf Life in Days: 720.

Serving Suggestions

Delicious over parslied buttered noodles, fettuccine, linguine or a flavored pasta. Serve inside a nest of whipped potatoes or steamed white rice. Stir in white or Madeira wine for a unique flavor dimension. Add sliced mushrooms and al dent egg noodles before baking for a casserole-style entre. Serve over split croissants, buttermilk biscuits or corn bread squares. For a hot sandwich, serve on toasted French rolls.

Prep & Cooking Suggestions

For Food Safety and Quality, follow cooking instructions: Cook product to internal temperature of 165F.
CONVECTION OVEN 325F Preheated: Do not loosen lid. Place tray on a baking sheet. Stir halfway through cooking; replace lid. Cook Frozen (0F) product for 50-55 min./Thawed (40F or less) product for 25-30 min.
CONVENTIONAL OVEN 400F Preheated: Do not loosen lid. Place tray on a baking sheet. Stir halfway through cooking; replace lid. Cook Frozen (0F) product for 55-60 min./Thawed (40F or less) product for 25-30 min.
LOW PRESSURE STEAMER 5-7 lb. PSI: Do not loosen lid. Stir halfway through cooking; replace lid. Cook Frozen (0F) product for 40-45 min./Thawed (40F or less) product for 25-30 min.
MICROWAVE OVEN 1100 watt: Cook loosely covered in microwave-safe container; stir. Cook 1 Serving Thawed (40F or less) product on High Power for 1-1/2 to 2 min.
If thawing, product must be thawed under refrigeration (40F) for no more than 48 hours prior to cooking. DO NOT REFREEZE.

Product Specifications

Brand	Manufacturer
STOUFFER'S	Nestle USA

MFG #	SPC #	GTIN	Pack	Pack Desc.
10013800300758USL	59165200	10013800300758		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.75lb	15.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
20.8in	13.2in	3.55in	0.56ft3	7x16	720DAYS	-18°F / -13°F

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Nutrition Analysis - By Serving

Calories	230	Total Fat	16g	Sodium	520mg
Protein	13	Trans Fats	0.5g	Calcium	60mg
Total Carbohydrates•••	9g	Saturated Fat	6g	Iron	1.6mg
Sugars	3g	Added Sugars	0g	Potassium	450mg
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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