

Lender's 63036100 - Len Fz Orig Whl Wt 12/6/2 Z

Start your day right with a delicious Lender's Original Recipe Whole Wheat Bagel. Lender's 'fresh lock' system immediately freezes bagels after baking which guarantees fresh baked quality right from your freezer.



		Nutrition FactsServings per Container6Serving size1Bagel(57g)		
Pender		Amount per serving Calories	140	
aved bounce of silles	network	% Daily Value*		
		Total Fat 1g	1%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
≭ Benefits		Sodium 270mg	12%	
		Total Carbohydrate 27g	10%	
		Dietary Fiber 3g	11%	
		Total Sugars 4g	2	
		Includes Added Sugar	8%	
Ingredients	Allergens	Protein 7g		
		Vitamin D	0%	
INGREDIENTS: WHOLE WHEAT FLOUR, WATER, HIGH FRUCTOSE CORN SYRUP, VITAL WHEAT	Contains:	Calcium 10mg	1%	
	wheat	Iron	8%	
GLUTEN, YEAST. CONTAINS 2% OR LESS OF: SALT, DISTILLED		Potassium 130mg	3%	
MONOGLYCERIDES, SOYBEAN OIL, CARAMEL COLOR, DOUGH CONDITIONERS (CALCIUM SULFATE, L-CYSTEINE), XANTHAN GUM, YELLOW CORN MEAL.		* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Handling Suggestions

Follow storage and usage instructions as printed on consumer packaging.

Serving Suggestions

Follow serving suggestions as printed on the packaging.

Prep & Cooking Suggestions

Please follow preparation instructions as printed on the consumer packaging.

Product Specifications

В		Manufacturer						
Le		Conagra Brands						
MFG #	SPC #	GT	IN	Pack	Pack Desc.			
7680000018	63036100	10076800	10076800000189		cs			
Gross Weight	Net Weight	Country of (untry of Origin Kosher		Child Nutrition			
10.5lb	9lb	USA	USA		No			
Shipping Information								
Length Width	Height Vo	lume TIxHI	Shelf Life	Storage	e Temp From/To			
18.19in 11.19i	n 7.88in 0.9	93ft3 9x11	365DAYS	C)°F / 20°F			





Lender's 63036100 - Len Fz Orig Whl Wt 12/6/2 Z

Start your day right with a delicious Lender's Original Recipe Whole Wheat Bagel. Lender's 'fresh lock' system immediately freezes bagels after baking which guarantees fresh baked quality right from your freezer.



Nutrition Analysis - By Serving

Calories	140	Total Fat	1g	Sodium	270mg
Protein	7	Trans Fats	Og	Calcium	10mg
Total Carbohydrates…	27g	Saturated Fat	Og	Iron	
Sugars	4g	Added Sugars		Potassium	130mg
Dietary Fiber	3g	Polyunsaturated Fat	Og	Zinc	
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	- -
Monosodium		Sulphites		Nitrates	

Additional Images



