



La Brea Bakery
63045022 - Toasted Sunflower Honey Loaf

A hearth-baked loaf made with La Brea Bakery starter. The flavor profile is that of a mildly sweet multigrain bread, made with cracked grains and seeds and a small quantity of levain, which creates the mild taste of long natural fermentation. The bread is oval shaped (flat on the side where it is baked on the hearth), dark brown with one distinct cut on the top. Topped with roasted sunflower seeds, the bottom of the loaf is lightly dusted with semolina. The interior of the loaf is soft with a liberal dispersion of grains and seeds throughout. The aroma of the bread is a combination of toasted grain and seed notes and yeast fermentation. Distributed as parbaked and frozen, ready to be final baked by the retailer and set out for sale.



* Benefits

*Non GMO *Kosher *Not Bioengineered

Ingredients

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUNFLOWER SEEDS, HONEY, SOUR CULTURE, CONTAINS 2% OR LESS OF: RYE FLOUR, CRACKED WHEAT, SALT, WHOLE WHEAT FLOUR, FLAX SEEDS, YEAST, SEMOLINA, CRACKED BARLEY, CRACKED CORN, CRACKED RYE, CRACKED BROWN RICE, CRACKED TRITICALE, CRACKED MILLET, CRACKED OATS, CRACKED FLAX SEED. CONTAINS: WHEAT. MADE IN A FACILITY THAT ALSO PROCESSES MILK, SOY AND TREE NUTS (PECANS AND WALNUTS).

⚠ Allergens

Contains:



wheat

Nutrition Facts

Servings per Container 96
Serving size 1/8LOAF (57g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 31g	11%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugar	4%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 2.1mg	12%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Frozen parbaked loaves are bulk packed in a cardboard case lined with a poly bag. Liner is folded over to cover loaves. A kit of 12 retail bags is included in the case. UPC on retail bag: 781421524237. Case is taped closed on top and bottom. Keep Frozen; Shelf Life After Bake: 1 day; After Bake Storage Type: Ambient;

Serving Suggestions

Allow product to cool for 20 minutes before bagging, slicing or serving.

Prep & Cooking Suggestions

BAKING INSTRUCTIONS: Bake at 375F (190C). Bake Time from Frozen* (Recommended): 20-22 minutes Bake Time from Thaw: 15- 18 minutes After baking, cool for 15 minutes before placing in retail bag provided before setting out for sale.* Times and temperatures are dependent upon size of the item and oven conditions.

✍ Product Specifications

Brand	Manufacturer
La Brea Bakery	Aspire Bakeries

MFG #	SPC #	GTIN	Pack	Pack Desc.
52423	63045022	10781421524234		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.5lb	13.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.56in	15.69in	7.44in	1.59ft3	5x12	274DAYS	-10°F / 10°F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	4.5g	Sodium	300mg
Protein	6	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	31g	Saturated Fat	0g	Iron	2.1mg
Sugars	3g	Added Sugars	2g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



TOASTED SUNFLOWER
HONEY

16
oz

Nutrition Facts	
8 servings per container	
Serving size 1/8 loaf (57g/2oz)	
Amount per serving	
Calories	180
Total Fat 4.5g	% Daily Value*
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 30g	11%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 2mg	10%
Potassium 114mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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CONTAINS: WHEAT.

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