



Libby's
7014000 - Corn, W/K Gldn

Canned Supersweet Whole Kernel Corn consists of cut kernels of supersweet corn packed with water and salt. Supersweet varieties provide higher naturally occurring sugar, and/or crisper texture typical for the variety. These varieties may be slightly darker in color, and some varieties have a slightly tougher pericarp than conventional sweet corn. The product is packed in hermetically sealed cans containers and sufficiently processed by heat to assure preservation.



* Benefits

Ingredients

CORN, WATER, SALT

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 3.5
Serving size 1/2cup (125g)

Amount per serving
Calories 50

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes Added Sugar	%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 0.2mg	1%
Potassium 130mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 90° F and below 40° F with no more than 50% humidity.

Serving Suggestions

Side Dishes. Muffins. Soups. Stews.

Prep & Cooking Suggestions

Stove Top: Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste and serve. Microwave: Empty contents into microwavable dish; cover; heat 3 - 4 minutes. Stir, season to taste and serve.

✎ Product Specifications

Brand	Manufacturer
Libby's	Seneca Foods Corporation

MFG #	SPC #	GTIN	Pack	Pack Desc.
F003710093662	7014000	10037100936622		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.98lb	25.77lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.15in	9.12in	8.98in	0.58ft3	17x5	1095DAYS	55°F / 95°F



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Nutrition Analysis - By Serving

Calories	50	Total Fat	0.5g	Sodium	260mg
Protein	1	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	9g	Saturated Fat	0g	Iron	0.2mg
Sugars	2g	Added Sugars		Potassium	130mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

