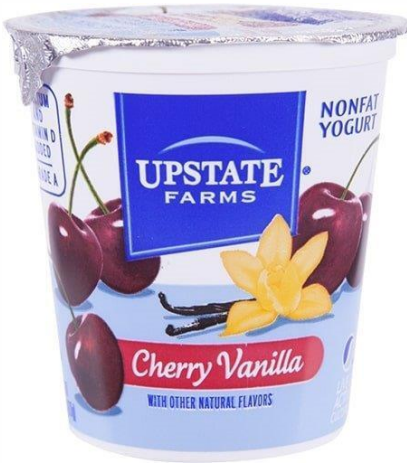




Upstate Farms
87451600 - Uf Chry Van Nf Blnd Yog 8oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



Nutrition Facts

Servings per Container 1
Serving size 8oz (227g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 105mg	5%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 29g	
Includes 21g Added Sugar	42%
Protein 6g	
Vitamin D 8.1mcg	41%
Calcium 580mg	45%
Iron 0mg	0%
Potassium 310mg	7%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Contains live and active cultures
Gluten Free
Calcium and Vitamin D Added

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Purple Carrot Juice Concentrate (for color), Gellan Gum, Lemon Juice Concentrate, Natural Flavors, Potassium Sorbate (for freshness), Citric Acid, Annatto, Locust Bean Gum, Vitamin D3

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

Serving Suggestions

Ready to eat as is or can be enjoyed when mixed with fruit or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

✍ Product Specifications

Brand			Manufacturer			
Upstate Farms			UPSTATE NIAGARA COOPERATIVE INC.			
MFG #	SPC #		GTIN	Pack	Pack Desc.	
9835	87451600		10078800113012		cs	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
6.75lb		6lb	USA	Yes	No	
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.75in	9.5in	3.75in	454.22INQ	14x8	90DAYS	34°F / 40°F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	0g	Sodium	105mg
Protein	6	Trans Fats	0g	Calcium	580mg
Total Carbohydrates...	37g	Saturated Fat	0g	Iron	0mg
Sugars	29g	Added Sugars	21g	Potassium	310mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)•	0	Vitamin D	8.1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

