

Upstate Farms 87452000 - Uf Blue Nf Blnd Yog 8oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



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A Designed		Nutrition Fa	cts		
LIPS	Servings per Container 1 Serving size 8oz (227g)				
		Amount per serving Calories	180		
			ily Value*		
Blu	eberry	Total Fat Og	0%		
WITH OTHER I	IATURAL FLAVORS	Saturated Fat 0g	0%		
		Trans Fat 0g			
2		Cholesterol 5mg	2%		
🗱 Benefits		Sodium 105mg	5%		
		Total Carbohydrate 38g	14%		
Live & Active Cultures Gluten Free		Dietary Fiber 0g	0%		
Calcium & Vitamin D Added		Total Sugars 29g			
		Includes 22g Added Sugar	44%		
Ingredients	Allergens	Protein 6g			
		Vitamin D 8.4mcg	42%		
Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn	Contains:	Calcium 580mg	45%		
Starch, Whey, Blueberry Juice	(f) milk	Iron 0mg	0%		
Concentrate, Tricalcium Phosphate, Natural Flavors,	Free From:	Potassium 310mg	7%		
Elderberry Juice Concentrate (for color), Gellan Gum, Lemon Juice Concentrate, Potassium Sorbate (for freshness), Citric Acid, Locust Bean Gum, Vitamin D3	(***) crustaceans (***) eggs (***) fish (****) peanuts (***) sesame (****) soy (****) tree nuts (*****) wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

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Product Specifications								
Brand Upstate Farms			Manufacturer UPSTATE NIAGARA COOPERATIVE INC.					
MFG #	SPC #			GTIN		Pa	ick	Pack Desc.
9832	8745200	00	10078800112985				CS	
Gross Weig	ght Net W	eight	Country of Origin		Kosh	ner	Child Nutrition	
6.75lb	61	b		USA		Yes	5	No
Shipping Information								
Length W	idth Height	Vol	ume	TIxHI	Shelf L	_ife S	Stora	ge Temp From/To
12.75in 9	.5in 3.56ir	431.5	51INQ	14x8	90DA	YS		34°F / 40°F
	Upst MFG # 9832 Gross Weig 6.75lb	Brand Upstate Farms MFG # SPC # 9832 8745200 Gross Weight Net W 6.75Ib 6ll Length Width Height	Brand Upstate Farms MFG # SPC # 9832 87452000 Gross Weight Net Weight 6.75Ib 6lb Sh Length Width Height Vol	Brand Upstate Farms UF MFG # SPC # 9832 87452000 10078 Gross Weight Net Weight Count 6.75Ib 6lb Count 6.75Ib Shipping Length Width Height Volume	Brand Upstate Farms UPSTATE MFG # SPC # GTIN 9832 87452000 10078800112 Gross Weight Net Weight Country of C 6.75Ib 6lb USA Shipping Inform Length Width Height Volume TIxHI	Brand Mar Upstate Farms UPSTATE NIAGAN MFG # SPC # GTIN 9832 87452000 10078800112985 Gross Weight Net Weight Country of Origin 6.75lb 6lb USA Shipping Information Length Width Height Volume TIxHI	Brand Manufacte Upstate Farms UPSTATE NIAGARA CO MFG # SPC # GTIN Pa 9832 87452000 10078800112985 Pa Gross Weight Net Weight Country of Origin Kosh 6.75lb 6lb USA Yes Shipping Information Length Width Height Volume TixHI Shelf Life Shelf Life <td>Brand Manufacturer Upstate Farms UPSTATE NIAGARA COOPER MFG # SPC # 9832 87452000 10078800112985 Pack 9832 87452000 Gross Weight Net Weight Country of Origin Kosher 6.75lb 6lb USA Yes</td>	Brand Manufacturer Upstate Farms UPSTATE NIAGARA COOPER MFG # SPC # 9832 87452000 10078800112985 Pack 9832 87452000 Gross Weight Net Weight Country of Origin Kosher 6.75lb 6lb USA Yes



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Nutrition Analysis - By Serving

Calories	180	Total Fat	Og	Sodium	105mg
Protein	6	Trans Fats	Og	Calcium	580mg
Total Carbohydrates	38g	Saturated Fat	Og	Iron	0mg
Sugars	29g	Added Sugars	22g	Potassium	310mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)•	0	Vitamin D	8.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



