

### **Upstate Farms** 87453000 - Uf Pln Nf Yog 5lb





#### \* Benefits

Ingredients

Gluten Free Contains Live & Active Cultures Excellent Source of Calcium & Vitamin D

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Cultured Pasteurized Grade A Nonfat Milk, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Vitamin D3	Contains:    filter   filter

# **Nutrition Facts**

Servings per Container 3/4cup (170g) Serving size

#### Amount per serving alorios

Calories	80
% Dai	ly Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 100mg	4%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 0g Added Sugar	0%
Protein 5g	4
Vitamin D 6mcg	30%
Calcium 470mg	36%
Iron 0mg	0%
Potassium 270mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

#### Serving Suggestions

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

#### Prep & Cooking Suggestions

Keep refrigerated until ready to serve

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#### Product Specifications

Brand	Manufacturer		
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.		

MFG #	SPC #	GTIN	Pack	Pack Desc.
9885	87453000	10078800113050		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.25in	12.25in	8.25in	1238.02INQ	12x6	75DAYS	34°F / 40°F





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or our dairy cooperative of 340 family farms, going above and beyond is what we do every day. We like to think of it as having good values. An or Upstate Farms, having good values is what making quality yogurt is all about. It means we know every single cow that produces our milk an only the finest ingredients go into our yogurt. It means better tasting, higher quality products because we're dedicated to yogurt made with goo alues right from the start. No artificial colors, flavors, or gelatin. Offers a delicious flavor without the tart aftertaste common in many other



# Nutrition Analysis - By Serving

Calories	80	Total Fat	0g	Sodium	100mg
Protein	5	Trans Fats	0g	Calcium	470mg
Total Carbohydrates	15g	Saturated Fat	0g	Iron	0mg
Sugars	7g	Added Sugars	0g	Potassium	270mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)•	0	Vitamin D	6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images









