



Upstate Farms
87453200 - Uf Van Lf Yog 5lb

Natural ingredients. Contains Live and Active Cultures. Good Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. CACFP compliant.



Nutrition Facts

Servings per Container 13
Serving size 3/4cup (170g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 150mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 23g	
Includes 14g Added Sugar	28%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 260mg	20%
Iron 0mg	0%
Potassium 330mg	7%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Gluten Free
Contains Live & Active Cultures
Excellent Source of Calcium

Ingredients

Cultured Pasteurized Grade A Lowfat Milk, Sugar, Corn Starch, Tapioca Starch, Natural Flavor, Pectin

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

Serving Suggestions

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

Prep & Cooking Suggestions

Keep refrigerated until ready to serve.

📄 Product Specifications

Brand			Manufacturer			
Upstate Farms			UPSTATE NIAGARA COOPERATIVE INC.			
MFG #	SPC #		GTIN	Pack	Pack Desc.	
9891	87453200		10078800113296		cs	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
21.5lb		20lb	USA	Yes	No	
Shipping Information						
Length	Width	Height	Volume	TrlxHI	Shelf Life	Storage Temp From/To
12.25in	12.25in	8.25in	1238.02INQ	12x6	75DAYS	34°F / 40°F



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Nutrition Analysis - By Serving

Calories	160	Total Fat	1.5g	Sodium	150mg
Protein	7	Trans Fats	0g	Calcium	260mg
Total Carbohydrates...	28g	Saturated Fat	1g	Iron	0mg
Sugars	23g	Added Sugars	14g	Potassium	330mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)	20	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

